

MET-Rx Ultramysyn Whey Isolate is an ultra premium protein designed to provide maximum support for lean muscle, strength and exercise recovery. Ultramysyn Whey Isolate contains protein that is processed using microfiltration to ensure an isolated whey that contains a minimum of 90% protein with minimal lactose and fat. These isolation processes separate the valuable protein from non-protein materials yielding a highly-purified whey isolate.

MET-Rx Ultramysyn Whey Isolate provides all of the benefits whey protein is known for and more, by carefully removing the fat and lactose that you don't need while increasing the percentage of aminos as compared to regular whey concentrate.

What makes MET-Rx Ultramysyn Whey Isolate worth it:

- 25 g 100% Pure Whey Isolate with just one gram of carbohydrates.
- Pro-Defense Blend for Recovery from Intense Training L-Glutamine, L-Taurine, L-Arginine, L-Alanine, BCAAs
- 98% Lactose Free
- Enhanced with additional free-form amino acids to work synergistically with Whey Isolate's high concentration of aminos to support recovery.
- State of the Art manufacturing processes are used to retain the active Whey Protein Peptides and Microfractions including Beta-lactoglobulin, Alpha-lactalbumin, Lactoferrin and more - some other whey isolate processing methods remove Glycomacropeptides, which are an important protein component.
- Delivers a high quality Whey Isolate protein with a higher amino acid profile gram for gram than ordinary Whey Concentrate
- Each serving contains over 5 g of the following Branched Chain Amino Acids:  
Which typically provides:
  - Isoleucine 1.6 g
  - Leucine 2.7 g
  - Valine 1.4 g

**The Secret is in the Protein Source!**

The renowned MET-Rx protein formulation consists of METAMYOSYN, which combines premium whey protein isolates and casein proteins, plus L-Glutamine and naturally occurring Branched Chain Amino Acids - Isoleucine, Leucine and Valine. Studies show that whey is a fast-acting protein while casein is slow-acting, which results in a more prolonged absorption rate to extend the delivery of amino acids to muscles. MET-Rx Protein Plus gives you a firm nutritional basis to help build lean muscle in a low-fat, great tasting formula.

**Flavors: Chocolate, Vanilla, Berry Punch**

**MET-Rx - Ultramysyn Whey Isolate Chocolate**  
**Exact ingredients may vary slightly between flavors**  
**- 2 lb. (32 oz.) (907 g)**

<b>Supplement Facts</b>	
<b>Serving Size: 1 Scoop (36 g)</b>	
<b>Servings Per Container: about 26</b>	
<b>Amount</b>	<b>%DV***</b>
<b>Per Serving</b>	

Calories	135	
Calories from Fat	10	
Total Fat	1 g	1%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	<5 mg	1%
Sodium	80 mg	3%
Potassium	250 mg	7%
Total Carbohydrate	3 g	1%
Dietary Fiber	1 g	4%
Sugars	<1 g	
Protein	30 g	60%
Vitamin A	0%	
Vitamin C	0%	
Calcium	10%	
Iron	4%	
Phosphorus	8%	
Magnesium	8%	
Copper	4%	
*** Percent Daily Values are based on a 2,000 calorie diet.		

**Other Ingredients:** Whey Protein Isolate, Super Recovery Blend (L-Glutamine, L-Taurine, L-Arginine, L-Alanine, L-Lysine, L-Leucine, Isoleucine, Valine), Cocoa (processed with Alkali), Natural Flavors, Soy Lecithin, Cellulose Gum, Xanthan Gum, Acesulfame Potassium, Sucralose, Carrageenan.

Contains milk, soy and wheat ingredients.



<b>Your daily values may be higher or lower depending on your calorie needs:</b>			
	Calories	2,000	2,500
Total Fat	Less Than	65 g	80 g
Saturated Fat	Less Than	20 g	25 g
Cholesterol	Less Than	300 mg	300 mg
Sodium	Less Than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g
Calories per gram:			
Fat	9	Carbohydrate	4
		Protein	4

**Suggested Use**

For adults, take one (1) scoop (35 g), one to two times daily. Serious athletes should consume 1-2 scoops twice per day for maximum muscle support, with at least 1-2 scoops taken immediately after exercise.

**Blender - Simple**

Add one scoop of MET-Rx Ultramyosyn Whey Isolate to blender filled with 6-8 ounces of your favorite beverage. Cover and blend for 20-30 seconds. For a delicious smoothie, add peanut butter, fruit, or yogurt along with ice cubes.

**Shaker - Simpler**

Fill a shaker bottle with 6-8 ounces of your favorite beverage. Add one scoop of MET-Rx Ultramyosyn Whey Isolate. Cover and shake for 25-30 seconds.

**Glass & Spoon - Simplest**

Add one scoop of MET-Rx Ultramyosyn Whey Isolate to 6-8 ounces of your favorite beverage. Stir for 20-30 seconds or until completely blended.

**For Mass Gaining:** add higher calorie foods such as peanut butter, 1-2% Milk, and fruit juices.

**For Dieters:** add lower calorie foods such as skim milk, blueberries and raspberries, or just use water.

Please note: Crystalline Taurine will appear as small crystals within the powder.

To support muscle-building, consume approximately 1 gram of protein per pound of body weight from all dietary sources per day.

### **Warnings**

If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Keep out of reach of children

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.