

Superior Source of BCAAs

Great-tasting premium whey, that delivers a powerful blend of high quality protein and the perfect combination of Branched Chain Amino Acids bodybuilders and athletes demand.

- Contains all the amino acids required for supporting lean muscle*
- Gold Standard for Quality with Micro-Filtered Whey Protein Isolate and Ultra-Filtered Whey Protein Concentrate
- Quick absorbing Whey Protein Blend to speed amino acid delivery
- Instantized Whey Protein for easy mixing

Flavors: Chocolate, Vanilla, Strawberry, Cookies `n Cream, Peanut Butter Cup

MET-Rx - 100% Ultramysyn Whey Instantized Peanut Butter Cup - 2 lbs. (907 g) Servings and ingredient flavoring may vary slightly by flavors.

Supplement Facts		
Serving Size: 1 Scoop (30 g)		
Servings Per Container: about 29-30 in 2lb & 73-75 in 5lb		
	Amount Per Serving	%DV***
Calories	110	
Calories from Fat	20	
Total Fat	2 g	3%
Saturated Fat	1 g	4%
Trans Fat	0 g	
Cholesterol	50 mg	16%
Sodium	70 mg	3%
Potassium	260 mg	7%
Total Carbohydrate	3 g	1%
Dietary Fiber	<1 g	4%
Sugars	1 g	

Protein	22 g	43%
Vitamin A 0%	Vitamin C 0%	
Calcium 15%	Iron 4%	
Phosphorus 10%	Magnesium 8%	
*** Percent Daily Values are based on a 2,000 calorie diet.		

Other Ingredients: Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Cocoa (processed with alkali), Natural and Artificial Flavors, Peanut Flour, Soy Lecithin, Cellulose Gum, Xanthan Gum, Dicalcium Phosphate, Cellulose Gum, Xanthan Gum, Dicalcium Phosphate, Calcium Carbonate, Acesulfame Potassium, Sucralose.

Contains milk, soy, peanut and tree nuts (pecans) ingredients.

Typical Amino Acid Profile (milligrams per 30 g serving**)**

Essential Amino Acids		Nonessential Amino Acids	
Histidine	441 mg	Alanine	954 mg
Isoleucine	1,262 mg	Arginine	570 mg
Leucine	2,190 mg	Aspartic Acid	2,323 mg
Lysine	1,815 mg	Cysteine	459 mg
Methionine	440 mg	Glutamic Acid	3,154 mg
Phenylalanine	668 mg	Glycine	381 mg
Threonine	1,581 mg	Proline	1,280 mg
Tryptophan*****	349 mg	Serine	1,151 mg
Valine	1,179 mg	Tyrosine	624 mg

***** L-Tryptophan is naturally occurring, not added.
 **** approximate values

Suggested Use

For adults, take one (1) scoop (30 g), one to two times daily. Serious athletes should consume 1-2 scoops twice per day for maximum muscle support, with at least 1-2 scoops taken immediately after exercise.

Blender - Simple

Add one scoop of MET-Rx 100%* Ultramyosyn Whey to blender filled with 6-8 ounces of your favorite beverage. Cover and blend for 20-30 seconds. For a delicious smoothie, add peanut butter, fruit, or yogurt along with ice cubes.

Shaker - Simpler

Fill a shaker bottle with 6-8 ounces of your favorite beverage. Add one scoop of MET-Rx 100% Ultramyosyn Whey. Cover and shake for 25-30 seconds.

Glass & Spoon - Simplest

Add one scoop of MET-Rx 100% Ultramyosyn Whey to 6-8 ounces of your favorite beverage. Stir for 20-30 seconds or until completely blended.

For Mass Gaining: add higher calorie foods such as peanut butter, 1-2% Milk, and fruit juices.

For Dieters: add lower calorie foods such as skim milk, blueberries and raspberries, or just use water.

Results may vary. Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

Warnings

If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

Keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.