

MET-Rx BCAA 5000 supplies a precise, clinically studied ratio of Leucine, Valine and Isoleucine (45/30/25). Branched Chain Amino Acids may be the most important aminos for exercise and recovery as they work directly within muscle to regulate protein synthesis at the genetic level. BCAAs can also increase nitrogen retention and can be used as an energy source to fuel exercise.

**Massive MET-Rx BCAA 5000 Benefits:**

Provides dual benefits since BCAAs can be used to build protein or broken down in muscle to supply a direct source of energy.  
 BCAAs provide muscle nitrogen support for a variety of metabolic functions, which can be especially important during heavy training.

Taken before and after exercise or competition, MET-Rx BCAA 5000 will give you a jump-start on recovery so you can unleash your genetic potential and come back better than ever.

**Flavors: none**

**MET-Rx - BCAA 5000 - 0.66 lb.**

<b>Supplement Facts</b>		
<b>Serving Size: 1 Scoop (5 g)</b>		
<b>Servings Per Container: about 60</b>		
	<b>Amount Per Serving</b>	<b>%DV</b>
Calories	20	
Vitamin B-6 (as Pyridoxine Hydrochloride)	16 mg	800%
L-Leucine	2,250 mg (2.25 g)	**
L-Isoleucine	1,250 mg (1.25 g)	**
L-Valine	1,500 mg (1.5 g)	**

\*\* Daily Value not established.

**Suggested Use**

Add one (1) scoop of powder to 6-8 ounces of cold water or milk and consume immediately after exercise. Take 2 servings per day. As a reminder, discuss the supplements and medications you take with your health care providers.

### **Warnings**

If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

Keep out of reach of children

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\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.