

Add MET-Rx Arsenal Training Packs to your stockpile if you're ready to take your training to the next level. It's specially-formulated for the heavy demands of today's modern warriors. If you think you can get all the nutrients you need to support a serious bodybuilding or athletic training program in one generic multivitamin - think again. Met-Rx Arsenal Training Packs provide the firepower of essential vitamins, minerals, aminos, essential fats, digestive enzymes and other nutrients necessary to stay in the fight. If you're ready to take your training to the next level, add Met-Rx Arsenal Training Packs to your stockpile, specially-formulated for the heavy demands of today's modern warriors.

EFA Bulletproof Blend Essential For Muscle Cell Structure - EPA & DHA Omega-3 fatty acids

Enzymatic Battering Ram Blend Supports Protein Digestion - Amylase, Protease, Bromelain, Papain, Lipase

Artillery Performance Blend with Potent Herbs and Phytonutrients - Acetyl L-Carnitine, Saw Palmetto, Alpha Lipoic Acid, Cayenne Pepper, CoQ-10

Amino Bomb Complex Essential for Protein Building - L-Arginine, L-Isoleucine, L-Leucine, L-Tyrosine, L-Valine

The Scientific Approach To Combat

When going into battle, having the right artillery to get the job done is crucial. Instead of trying to cram a ridiculous amount of nutritional "weapons" into huge pills, MET-Rx Arsenal Training Packs offer a full armory of six pills, in their proper softgel and tablet forms.

Bulletproof Your Muscles

Essential fats are the bulletproof jackets for your muscles. They are required for the structure of all membranes in the body, including muscle membranes. Intense training can cause short-term damage to muscle membranes and essential fats are needed for their structure. But here's the catch - did you know that not all essential fatty acids are equal? Next time someone recommends you scarf down some essential fats - make sure they are actually the essential fatty acids your body needs. While linoleic acid (Omega-6) is considered an essential fat - most diets provide an overabundance of Omega-6's while providing inadequate amounts of Omega-3's. MET-Rx Arsenal Training Packs provide the essential Omega-3's your muscles need and which may be lacking from your diet - in a softgel form for optimal stability and absorption.

High Potency Antioxidant Armor

Consider antioxidants to be the second layer to your Bulletproof Muscle Vest. Hard training can spike free radical levels, which in turn can damage muscle cells. Potent antioxidants such as Vitamin C and Tocopherols help to neutralize free radical damage.

Multi-Enzymatic Battering Ram

If you want to maximize recovery after an intense battle in the gym, high quality protein and carbohydrates are a must for muscle growth and repair. Before any nutrients can get to your muscles - enzymes must break down protein and carbs in the digestive tract. Digestive enzymes can be especially beneficial for hardgainers who need to take in large amounts of calories immediately after exercise and throughout the day.

Amino Bomb Complex

While some products sprinkle in a few amino acids, MET-Rx's formula contains over 15 essential and non-essential aminos including BCAAs, Tyrosine and more. There's even over a full gram of Arginine in every packet.

Artillery Performance Blend

MET-Rx Arsenal Training Packs go beyond the normal call of duty with a vast array of potent herbal compounds and other important ingredients needed for support of pre- and post-workout states. Alpha Lipoic Acid, Acetyl L-Carnitine and Bioflavonoids round out this unique formula.

Other Hard-Hitting Features

Intense training can take a toll on your immune system. Each packet includes Selenium, Zinc and Vitamin A - to promote exercise recovery by fortifying your immune system. Building strong muscles is impossible without strong bones. MET-Rx Arsenal Training Packs provide several nutrients for building bone mass.

About MET-Rx

Founded in 1991, MET-Rx Engineered Nutrition revolutionized the sport nutrition industry with a high protein, meal replacement shake fortified with an exclusive protein blend called METAMYOSYN. Developed by a physician based on metabolic research, METAMYOSYN protein is a highly bio-available fuel that supports muscle and strength.

METAMYOSYN changed sports nutrition forever when it was introduced to the world’s top athletes and celebrities.

Today, a new generation is testing the limits of their bodies' potential and nutrition is playing a crucial role in the evolution of sport. Athletes are breaking down the barriers of possibility by going faster, higher, and pushing their bodies further than ever imagined.

MET-Rx continues to be on the cutting-edge of sports nutrition with a diverse range of products engineered for the next generation of athletes. All those who use state-of-the-art nutrition to achieve their goals — and who never, ever accept limits of mind, body or spirit — are the ones called... Team MET-Rx.

Flavors: None

MET-Rx - Arsenal Training Packs - 45 Packets

Supplement Facts		
Serving Size: 1 Packet		
Servings Per Container: 45		
	Amount Per %DV Serving	
Calories	40	
Calories from Fat	20	
Total Fat	2 g	3%**
Saturated Fat	1 g	4%**

Cholesterol	15 mg	5%
Total Carbohydrate	2 g	1%**
Dietary Fiber	1 g	5%**
Protein	3 g	6%**
Vitamin A (as Beta-Carotene)	2,500 IU	50%
Vitamin C (as Ascorbic Acid)	150 mg	250%
Vitamin D (as Cholecalciferol)	200 IU	50%
Vitamin E (as d-Alpha Tocopheryl Acetate and Mixed Tocopherols)	51 IU	170%
Vitamin K (as Phytonadione)	40 mcg	50%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	25 mg	1,667%
Riboflavin (Vitamin B-2)	25 mg	1,471%
Niacin (as Niacinamide)	25 mg	125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg	1,250%
Folic Acid	200 mcg	50%
Vitamin B-12 (as Cyanocobalamin)	25 mcg	417%
Biotin (as d-Biotin)	250 mcg	83%
Pantothenic Acid (as d-Calcium Pantothenate)	25 mg	2505%
Calcium (as Calcium Carbonate, Dicalcium Phosphate, Calcium Citrate)	100 mg	10%

Iodine (as Potassium Iodide)	75 mg	50%
Magnesium (as Magnesium Oxide)	50 mg	13%
Zinc (as Zinc Oxide)	12.5 mg	83%
Selenium (as Sodium Selenate)	100 mcg	143%
Copper (as Cupric Oxide)	1 mg	50%
Manganese (as Manganese Gluconate)	1 mg	50%
Chromium (as Chromium Picolinate)	100 mcg	83%
Molybdenum (as Sodium Molybdate)	37.5 mcg	50%
Chloride (as Potassium Chloride)	13 mg	<1%
Sodium	25 mg	1%
Potassium (as Potassium Chloride)	15 mg	<1%
Artillery Performance Blend	315 mg	***
<p>Taurine, Pumpkin Seed (<i>Cucurbita pepo</i>), Ginkgo Biloba (<i>Ginkgo biloba</i>)(leaf), Methylsulfonylmethane (MSM), Garlic (<i>Allium sativum</i>) (bulb), Citrus Bioflavonoids (Citrus spp.)(fruit), Alpha Lipoic Acid, Choline bitartrate, Inositol, Boron (as Boron Amino Acid Chelate), Chondroitin Sulfate, Glucosamine Hydrochloride, L-Carnitine, Pygeum (<i>Pygeum africanum</i>)(bark), Oyster Extract, Bilberry (<i>Vaccinium myrtillus</i>), Elderberry (<i>Sambucus nigra</i>), Black Currant (<i>Ribes nigrum</i>)(fruit), Cayenne Pepper (<i>Capsicum annuum</i>), Green Tea Extract (<i>Camellia sinensis</i>)(leaf), Saw Palmetto (<i>Serenoa repens</i>) (fruit), Grape Seed extract (<i>Vitis vinifera</i>), Brussels Sprouts Extract, Kale Extract, Cauliflower Extract, Celery Seed extract, Carrot Extract, Broccoli Extract, Cabbage Extract, Spirulina (<i>Spirulina platensis</i>)(plant), Korean Ginseng extract (<i>Panax ginseng</i>)(root), Vanadium (as Sodium Metavanadate), Astaxanthin Complex, Lycopene, Lutein, Zeaxanthin, Super Oxide Dismutase, Coenzyme Q-10, Pycnogenol (<i>Pinus pinaster</i>)(Maritime Pine Bark Extract)</p>		
Amino Bomb Complex	2,022 mg	
(Collagen (Hydrolyzed Gelatin) provides the following amino acids)		

L-Alanine	114.6 mg	***
L-Arginine	1,105.6 mg	***
L-Aspartic Acid	61.4 mg	***
L-Cysteine	0.5 mg	***
L-Glutamic Acid	137 mg	***
L-Glycine	318 mg	***
****L-Histidine	12.2 mg	***
****L-Isoleucine	16.8 mg	***
****L-Leucine	35.9 mg	***
****L-Lysine	45 mg	***
****L-Methionine	12.7 mg	***
****L-Phenylalanine	21.8 mg	***
L-Proline	187 mg	***
L-Serine	46.4 mg	***
****L-Threonine	25.9 mg	***
L-Tyrosine	8.1 mg	***
****L-Valine	30.5 mg	***
L-Ornithine Hydrochloride	22.5 mg	***

EFA Bulletproof Blend	1,000 mg (1 g)	
Fish Oil 1,000 mg (1 g)		***
EPA (Eicosapentaenoic Acid)		***
DHA (Docosahexaenoic Acid)		***
Total Omega-3 Fatty Acids 300 mg		***

Enzymatic Battering Ram Blend	1,330 mg	
Betaine Hydrochloride	400 mg	***
Amylase	200 mg	***
Protease	200 mg	***
Bromelain	100 mg	***
Pancreatin	100 mg	***
Papain	100 mg	***
Pepsin	100 mg	***
Ox Bile	60 mg	***
Lipase	50 mg	***
Cellulase	20 mg	***

** Percent Daily Values are based on a 2,000 calorie diet.
*** Daily Values not established.
**** Essential Amino Acids

Suggested Use

For adults, take one (1) packet daily, preferably with your post-workout meal. For maximum results: on training days, take two (2) packets, one of which should be with your post-workout meal. As a reminder, discuss the supplements and medications you take with your health care providers.

Warnings

Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

Keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.