

Anti-Catabolic Amino Acid*

MET-Rx L-Glutamine is a powerful fuel for your muscles and supports recovery from hardcore workouts*.

- L-Glutamine is vital for the proper functioning of the immune system*
- Glutamine is a crucial component of muscle cells*

Flavors: none

MET-Rx - L-Glutamine 1000 mg Rapid Release Capsules

Supplement Facts		
Serving Size: 2 Capsules		
Servings Per Container: 100		
Amount %DV		
Per Serving		
L-Glutamine	2,000 mg (2 g)	*

*Daily Value Not Established.

Suggested Use

For adults, take two (2) capsules two times daily, preferably before and after your workout. As a reminder, discuss the supplements and medications you take with your health care providers.

Warnings

If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

Keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.